Special Olympics Maryland Area Memo March 5, 2019



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Welcome

Welcome to the March 5, 2019 edition of the SOMD Area Memo!

If there are any members of your Area's leadership who are not currently receiving the Area Memo, please send their names and email address to dweddle@somd.org to have them included in future distributions.

(NEW) Saturday's Required 5v5 Unified Qualifier Moved

Just a reminder that due to a scheduling conflict with Goucher, we will move the required 5v5 Unified Qualifier that is scheduled for this Saturday to Towson University in the Towson Center. Parking will be in Lot 21.

(NEW) Let's have dinner on Thursday...Support Baltimore County

Need an excuse to go out to dinner on Thursday, 3/7? Join our Baltimore County program at the B.C. Brewery in Hunt Valley. 15% of proceeds from all food and drink sales will benefit the Baltimore County Program! Join us for great food, prizes, and lots of fun at the B.C. Brewery in Hunt Valley! Email Jamie Valis (Jamie.valis@gmail.com).

(NEW) Not playing basketball on 3/30? Talk a walk (or run!) with Harford County

The Harford County Inspiration Walk and 5K Run will take place at Ripken Stadium on 3/30! If you're an Iron Birds fan, a fan of Special Olympics in Harford County, or just a fan of Nancy Schmidt, this is an event you won't want to miss!

Register here: https://runsignup.com/Race/MD/Aberdeen/HarfordCountyInspirationWalkand5KRun

(NEW) Maryland Athletes Depart March 6 to Join Special Olympics USA Team to World Games

On Wednesday March 5 four athletes from Special Olympics Maryland will head to Newark, NJ, to meet up with the rest of the Special Olympics USA delegation to the 2019 Special Olympics World Games in Abu Dhabi. The actual games begin on March 14 and continue through March 21.

Athletes attending World Games are:

- Calvin Massenburg Athletics (from Prince George's County)
- Charles Gaines Athletics (from Howard County)
- Jenna Jones Swimming (from Howard County)
- Kegan Zimmerman Cycling (from Saint Mary's County)

In addition three individuals from Maryland High Schools will be attending the 2019 Global Youth Leadership Summit which will be held during the World Games (March 13 – 19). The delegation, all from Old Mill High School in Anne Arundel County, are:

- Chad Brooks Athlete
- Julia Bagnell Unified Partner
- Cathy Wiley Coach

Several basketball officials who are active in Maryland have also been selected to officiate at the World Games, including

- William Asmond
- Kathy Awkard
- Keith Lampel
- Larry Levin

Congratulations to all of Maryland's official participants at the 2019 World Games. We'll keep you posted as we learn more about media coverage and results.

Local Program Resource Page Launched on SOMD's Website

To provide greater access to the documents and forms used by our area programs, we have built the local program resource page, available at www.somd.org/localprogramresources. Organized by topic, you will be able to find up-to-date copies of frequently used documents. As this will be ever changing, if there is a resource you don't see currently, but feel should be on here, please send an email to Jeff so he can include it!

Coach Resource Page Launched on SOMD's Website

SOMD recently added a Coach Resource Page to SOMD's public website (https://www.somd.org/coach/coach-resources/) which complements the Local program Resources page launched a short time ago. The Coach Resource Page currently includes such things as the SOMD Sports Calendar, links to register for various coach webinars, links to webinar recordings and slide decks, the SOMD Code of Conduct, and Coach Training & Education opportunities. The page is admittedly rudimentary and we'll be developing/expanding it and several other resources for coaches over the next several months as we eliminate coaches' use of MySOMD as a resource.

We are also very pleased to announce that we've added individual "sub-pages" for:

- Alpine Skiing, Snowshoeing and Winter Games
- Basketball

These pages have sport/event specific links and resources. The Basketball page also has links to sanction forms/fact sheets and competition schedules for the various competitions coming up for the season.

We'll be adding similar pages for upcoming sports, seasons and events and welcome your feedback on how we can make them as useful as possible.

Area Leaders Meeting Topics for Discussion

Our next Area Leaders meeting will be here before we know it! We are looking forward to bringing everyone together for a productive day of discussion. Listening to your feedback, a new portion of the meeting will be dedicated to information sharing with other area leaders, but we want to hear your topics of interest. Please visit the link below to help us structure the discussion(s). While not all topics will be picked, we will consider everything for agenda topics, training webinars, and other sessions.

https://www.surveymonkey.com/r/419ADMeetingTopics

(UPDATED) National Volunteer Appreciation Week- Mark your Calendars!

National Volunteer Appreciation Week is April 7-13, 2019. Special Olympics Maryland will be doing some state-wide celebrations and thank yous, but your local program can get in on the fun, too! Think about adding this as a topic of your next management team meeting to see how your program wants to recognize your volunteers this week! Email Luke Weierbach (lweierbach@somd.org), SOMD's Director of Volunteers, for ideas on how to celebrate the contributions of your volunteers throughout the year!

New Content

In preparation for this year's Volunteer Appreciation Week, Luke Weierbach will be hosting a How-To Webinar for Area Leaders. If you're looking to learn about the ways SOMD will be celebrating across the state, or need some ideas on how to celebrate National Volunteer Appreciation Week in your own county, join this webinar!

Webinar will be held Monday, March 18 at 7:00pm

Register here: https://register.gotowebinar.com/register/3274913372755174157

(UPDATED) <u>Coaching Special Olympics Athletes Train-the-Trainer Session April 7 – Application Deadline Extended</u> to March 15

We will be hosting a Train-the-Trainer session for the Coaching Special Olympics Athletes (CSOA) course on Sunday, April 7, 2019, at SOMD HQ. This is a day-long course (9:00 a.m. – 5:00 p.m.) and will prepare up to 15 Area coaches and leaders to present the CSOA course throughout the state.

The CSOA course is an excellent training program for both new and experienced coaches of all sports to improve their coaching skills. It is a required course for all new coaches (and coaches moving into a new sport) and ultimately will need to be taken by all coaches within the revised Coach Education model, even those with a great deal of experience. CSOA is available in both a "live" and on-line format. SOMD trained a number of experienced Area sports leaders as live instructors in 2014 and we are looking to reinvigorate these live trainings by preparing an additional group of experienced sports leaders to teach the course.

With that in mind, SOMD will be hosting a "Train-the-Trainer" session on Sunday, April 7, 2019 at SOMD Headquarters outside of Baltimore. This will be a full day session (figure 9:00 to 5:00) and, due to the nature of train the trainer sessions, participation will be limited to 15 leaders from Area programs and a few select invitees. Additional "train-the-trainer" sessions may be scheduled after Summer Games.

Requirements for prospective trainers are as follows:

- Must be nominated by their Area Director
- Must have significant experience as a sports coach of individuals with intellectual disabilities (5+ years)
- Must commit to taking/retaking the online version of CSOA during the three weeks prior to the live session on 4/07/2019 (SOMD will reimburse the course fees from HK)

- Must commit to presenting CSOA class a minimum of three times per year either as an individual instructor or co-presenter (typically in their "region" of the state).
- Must agree to follow all guidelines and requirements for CSOA courses
- Must be a prime representative of the ideals and ethics of coaching
- Must consistently represent Special Olympics and SOMD in a positive and professional manner

Nominations will only be accepted by Area Directors and will be accepted through the following survey link: https://www.surveymonkey.com/r/CSOAT32019Q2. Nominations will be accepted through Monday, March 15, 2019. Nominees will be informed of their status for the course no later than March 18.

Carroll County Designer Bag Bingo

It's time for Carroll County's annual Designer Bag Bingo! Get our tickets today! Join us on Saturday March 9, 2019. Doors open at 4:00 for Vendor Shopping (You don't have to purchase a bingo ticket to shop, we request a \$5 donation) Bingo starts promptly at 7:00. Tickets (20 regular games) are \$18 in advance or \$20 at the door. Additional Packs are \$5 and Specials are \$1 each. We have beautiful raffles bags as well. If you want to reserve tickets call Donna at 443-507-6010

(UPDATED) Coaching Special Olympics Athletes Courses Scheduled

SOMD Will be hosting two live Coaching Special Olympics Courses at SOMD Headquarters during the first quarter of 2019. Coaching Special Olympics Athletes is a core course for all Special Olympics Coaches in the new Coach Education and Development System. To ensure maximum interaction among participants, the classes will each be limited to a maximum of 25 registrants. Both sessions are provided free of charge.

Saturday, March 23, 2019, 9:30 a.m. – 1:00 p.m.

To register for either course, coaches and prospective coaches can use the following link: https://www.surveymonkey.com/r/CSOA2019Q1

We are also pleased to announce that Calvert County will be hosting an additional CSOA session in March. Registration will be limited and a registration link will be provided in the near future.

Sunday, March 24, 2019, 2:00 – 5:00 p.m.; Northeast Community Center

2019 Area Leaders Webinar and Meeting Schedule

Mark your calendars now! Area leader webinars and meetings have been set for 2019! Thanks to all those who provided feedback after the webinar and meeting.

	Webinar	Meeting
Spring	April 2, 2019	April 6, 2019
Spring	7:00-9:00pm	Approx. 9:45-3:00
Summer	July 16, 2019	July 20, 2019
Summer	7:00-9:00pm	Approx. 9:45-3:00
Fall	Nov. 12, 2019	Nov. 16, 2019
Fall	7:00-9:00pm	Approx. 9:45-3:00

Area Memo Open to Area Announcements

Do you have an upcoming event that you'd like to announce, a volunteer that deserves a special shout out, or maybe a recent 'win' for your program that you'd like to share with other area programs. Your contributions to the Area Memo are welcomed and appreciated! Please send any announcements that you'd like included in the Area Memo to Danielle Weddle (dweddle@somd.org).

(UPDATED) Pre-Season and Pre-Competition Webinars

The dates and time for Pre-Season and Pre-Competition webinars have been set for the upcoming seasons. Please share this info with your coaches and sports volunteers.

Pre-Season Coaches Webinars

Sport Date/Time		Registration / Recording Link				
Basketball	Wed 11/28	Recording: https://youtu.be/8wMj2N1pZCA				
Athletics	Tue 3/12	https://register.gotowebinar.com/register/6941558150932582914				
Atmetics	8:00 p.m.	Tittps://register.gotowebinar.com/register/0541558150952582914				
Bocce	Tue 3/12	https://register.gotowebinar.com/register/7261285137173557250				
Воссе	7:00 p.m.	Tittps://Tegister.gotowebinar.com/Tegister/7201285137173537230				
Cheerleading	Wed 3/13	https://register.gotowebinar.com/register/8430567374674969090				
Cheerieading	7:00 p.m.	Tittps://Tegister.gotowebinar.com/Tegister/6430307374074303030				
Softball	Wed 3/13	https://register.gotowebinar.com/register/7707523030691341314				
JOICDAII	8:00 p.m.	Tittps://Tegister.gotowebinar.com/Tegister/7707323030031341314				
Swimming	Tue 3/05	https://attendee.gotowebinar.com/register/6227839863934669826				
Swiiiiiiiiig	7:00 p.m.	Tittps.//attendee.gotowebinar.com/register/022/859805954009820				

Pre-Competition Coaches Webinars

Sport	Date/Time	Registration / Recording Link				
Basketball	Wed 3/20	https://attendee.gotowebinar.com/register/1676123407491333891				
Daskethall	7:00 p.m.	Tittps://attendee.gotowebinar.com/register/10/012540/491555691				
Athletics	Tue 5/28	https://register.gotowebinar.com/register/8774146066784069378				
Atmetics	8:00 p.m.	Tittps://register.gotowebiliar.com/register/8774140000784009378				
Bocce	Tue 5/28	https://register.gotowebinar.com/register/1236577143472654082				
воссе	7:00 p.m.	Tittps://register.gotowebiliar.com/register/1250577145472054082				
Cheerleading	Wed 5/29	https://register.gotowebinar.com/register/5129801582254238978				
Cheerieading	7:00 p.m.	Tittps://register.gotowebiliar.com/register/5129801582254258978				
Softball	Wed 5/29	https://register.gotowebinar.com/register/1178993520376040962				
Sulthall	7:00 p.m.	Tittps://register.gotowebiliar.com/register/11/89935203/6040962				
Swimming	TBD					

Community Sports Registration Deadlines Set Through End of 2019

Registration Deadlines for community sports through the end of 2018 have been set and are incorporated into the Sports Calendar included with this email. They are summarized below for your convenience as well.

Event/Sports	State Championship	Training Registration	Outstanding Forms	Competition Registration	
Basketball	3/30-31/2019	1/24/2019	2/4/2019	2/14/2019	
Summer Games (athletics, bocce, cheerleading, softball, swimming)	6/7-9/2019	4/25/2019	5/6/2019	5/16/2019	
Kayaking	8/24/2019	7/11/2019	7/18/2019	8/1/2019	
Golf	9/29/2019	8/15/2019	8/22/2019	9/5/2019	
Fall Sports Festival (cycling, distance running, flag football, powerlifting, tennis)	10/19/2019	8/29/2019	9/10/2019	10/3/2019	
Soccer	10/27/2019	8/29/2019	9/26/2019	10/3/2019	
Bowling – Regionals	11/10/2019	9/23/2019	10/2/2010	10/17/2019	
Bowling - Championships	12/08/2019	9/23/2019	10/3/2019	11/28/2019	

Sports Directors – Assigned Sports

As reviewed during the Area Leader webinar and in-person meeting in mid-July, SOMD HQ has undergone some staff restructuring in support of driving the developing strategic initiative of improved and increased sports programming and competitions as well as building the capacity for overall growth in the number of athletes we serve. One step in the process was the change in the role of the former "Regional Sports Directors" into positions focused strictly on sports programming. Here is their contact information and their sport assignments (some have changed)

Melissa Anger, Sports Director

- o manger@somd.org, 410.242.1515 x122
 - Basketball
 - Cheerleading
 - Flag Football
 - Soccer
 - Softball
 - Tennis
 - Locally Popular Sports: Cross Country Skiing, Duckpin Bowling

• Zach Cintron, Sports Director

- o zcintron@somd.org, 410.242.1515 x161
 - Bowling (10 pin)
 - Cycling
 - Kayaking
 - Snowshoeing
 - Swimming
 - Locally Popular Sports: Figure Skating, Sailing, Short Track Speed Skating, Volleyball

• Kendall Zeswitz, Sports Director

- kzeswitz@somd.org, 410.242.1515 x127
 - Alpine Skiing
 - Athletics
 - Bocce
 - Distance Running
 - Golf
 - Powerlifting
 - Locally Popular Sports: Dance, Equestrian Sports, Floor Hockey

Questions?

If You Have Any Questions on Any Other Non-Sports-Related Issues, please contact a member of the new Local Program Development department for assistance

• Jeff Abel, Vice President of Local Program Development

- o jabel@somd.org, 410-242-1515 ex. 121
- o All Areas with the exception of the Baltimore Region and Western Maryland

• Ron Freeman, Baltimore Region Director

- o rfreeman@somd.org, 410.598.1027
- Baltimore City and Baltimore County

Ryan Kelchner, AmeriCorps Western Region Coordinator

- o rkelchner@somd.org, 410-242-1515
- Western Maryland (Frederick, Washington, Allegany, and Garrett Counties)

	2019 Speci	al Olympics	Maryland Sports and	Competitio	n Calendar -	UPDATED 03	/01/2019		
Туре	Event	Location	Facility	Competition Date(s)	Pre-Season Webinar Date(s)	Pre-Competition Webinar Date (s)	Training Registration Deadline (in GMS)**	Last Date To Submit Missing Forms**	Competition Registration Deadline (in GMS)**
Community	2019 Unified Bowling NIT	Las Vegas, NV	South Point Hotel	3/4-7/19	NA	NA	1/5/2019	1/5/2019	1/8/2019
Community	2019 World Games	Abu Dhabi, UAE	Various locations	3/14-21/2019	NA	NA	NA	NA	NA
Community	2019 Basketball Tournament	Frederick Area (tentative)	TBD	3/30-31/2019	11/28/2018	3/20/2019	1/24/2019	2/4/2019	2/14/2019
IUS	Unified Outdoor Bocce Championships	Chestertown, MD	Washington College	4/30/2019	TBD	TBD	TBD	TBD	TBD
IUS	Unified Track & Field Invitational	Hyattsville	Prince George's Sports & Learning Complex	5/14&15/19	TBD	TBD	TBD	TBD	TBD
Community	2019 Summer Games	Towson, MD	Towson University and other locations	6/7-9/2019	Athletics: 3/12 Bocce: 3/12 Cheerleading: 3/13 Softball: 3/13 Swimming: 3/05	Athletics: 5/28 Bocce: 5/28 Cheerleading: 5/29 Softball: 5/29 Swimming: TBD	4/25/2019	5/6/2019	5/16/2019
Community	Kayaking Time Trials (Required)	Chestertown, MD	Washington College	8/10/2019		TBD	= / /2.2.2	- / - /	0/1/2010
Community	Kayaking Championships	Chestertown, MD	Washington College	8/24/2019	TBD	TBD	7/11/2019	7/18/2019	8/1/2019
Community	2019 Softball NIT	Nashville, TN	TBD	8/15-18/19	NA	NA	TBD	TBD	TBD
Community	2019 Golf NIT	Nashville, TN	TBD	9/22-25/19	NA	NA	TBD	TBD	TBD
Community	Golf Championship	Queenstown, MD	Queenstown Harbor Golf Course	9/29/2019	TBD	TBD	8/15/2019	8/22/2019	9/5/2019
Community	Fall Sports Festival (Cycling, Distance Running, Flag Football, Powerliftina. Tennis)	Emmitsburg, MD	Mount St. Mary's University Fort Richie (Cycling) (Ft. Ritchie Tentative)	10/19/2019	TBD	TBD	8/29/2019	9/10/2019	10/3/2019
Community	Soccer Tournament	Fruitland, MD	Crown Sports Center	10/27/2019	TBD	TBD	8/29/2019	9/26/2019	10/3/2019
US	Unified Tennis Championships	Towson, MD	Towson University (tentative)	TBD	TBD	TBD	TBD	TBD	TBD
Community	Bowling - Regional Tournaments	Various locations	Various locations	11/10/2019	TBD	TBD	9/23/2019	10/3/2019	10/17/2019
Community	Bowling - State Championships	Gaithersburg, MD	Bowl America Gaithersburg	12/8/2019	100	TBD	9/23/2019	10/3/2019	11/28/2019
Community	Winter Games - On-Snow Training #1	Mercersburg, PA	Whitetail Resort	1/11/2020					
Community	Winter Games - On-Snow Training #2	Mercersburg, PA	Whitetail Resort	2/8/2020			·		
Community	Winter Games - Time Trials and Winter Games	Mercersburg, PA	Whitetail Resort	2/23-25/2020					
Director:	ditions? questions regarding this calendar, additions of local/regions			e appropriate Sports	have this information to the	nich entries must be entered in ir Area Leadership a minimum in a Special Olympics program	of one week prior to the	ese dates to allow for timely	submission. (No athlete

- Melissa Anger (manger@somd.org): Basketball, Cheerleading, Flag Football, Soccer, Softball, Tennis
- Zach Cintron (zcintron@somd.org): Bowling, Cycling, Kayaking, Snowshoeing, Swimming
- Kendall Zeswitz (kzeswitz@somd.org): Alpine Skiing, Athletics, Bocce, Distance Running, Golf, Powerlifting
- Cara Maronek (cmaronek@somd.org): All Interscholastic Unified Sports (IUS)

**These are the dates by which entries must be entered into GMS or medical/volunteer forms submitted to SOMD HQ. Coaches must have this information to their Area Leadership a minimum of one week prior to these dates to allow for timely submission. (No athlete may participate in any way in a Special Olympics program without an up-to-date medical; no volunteer may participate in any way in a Special Olympics program without an up-to-date volunteer application and completed background screening.) aThese dates are also the deadlines for Coaches to have completed the requirements for Special Olympics Coach Certification and to have submitted the required documentation to SOMD HQ.

	2019 Speci	al Olympics N	Maryland Sports and (Competitio	n Calenda	ar - UPDATED 0	3/01/2019			
			2019 Coach Education	& Developme	nt Events					
Date	Course/Sport	Cor	mments		To Register					
3/14/2019	Bocce In Person Coaches Training	Baltimore	Farring Baybrook Rec Center	6:30pm-8:00pm https://www.surveymonkey.com/r/LR62KB6						
3/23/2019	Coaching Special Olympics Athletes	Baltimore	SOMD HQ	9:30	1:00 p.m.	https://www.surveyn	nonkey.com/r/CSOA	2019Q1		
3/24/2019	Coaching Special Olympics Athletes	Chesapeake Beach	Northeast Community Center	2:00	5:00 p.m.	coming soon				
3/28/2019	Bocce Coaches Training - Western MD Only	TBD	TBD	TBD						
4/7/2019	CSOA Train-the-Trainer	Baltimore	SOMD HQ	9:00	5:00 p.m.	By nomination/invitation only				
6/2/2019	Kayaking Coaches Live Training	Chestertown	Washington College		TBD	TBD				
6/18/2019	Soccer Coaches Training Webinar	Webinar	Webinar	7:00p	m-9:00pm	https://attendee.gotowebinar.com/register/2363903117712189709				
6/20/2019	Flag Football Coaches Training Webinar	Webinar	Webinar	7:00pm-9:00pm https://attendee.gotowebinar.com/register/8449113937754715				37754715917		
6/27/2019	Tennis Coaches Training Webinar	Webinar	Webinar	7:00p	m-9:00pm	https://attendee.go	otowebinar.com/re	egister/449868080	09341631245	
6/29/2019	Golf In Person Coaches Training	Phoenix	Hillendale Country Club		TBD					
6/29/2019	Soccer In-Person Coaches Training	Ellicott City	TBD		TBD	coming soon	coming soon			
7/13/2019	Soccer In-Person Coaches Training	Montgomery County	TBD		TBD	coming soon				
7/13/2019	Flag Football In-Person Coaches Training	Frederick	TBD	10:00	am-1:00pm	coming soon				
7/14/2019	Tennis In-Person Coaches Training	College Park	ЈТСС	TBD		coming soon				
	Areas Interested in Hosting Coach Training Event	opropriate Sport Director								
				•						

2019 Special Olympics Maryland Sports and Competition Calendar - UPDATED 03/01/2019

2019 Area / Regional / District Competions & Events											
Туре	Event	Location	Facility	Competition Date(s)	Sport	Notes					
Community	3v3 (Traditional & PDU) REQUIRED Qualifier	Ellicott City	Glenelg Country School	3/9/2019	Basketball	All 3v3 Teams Autom	atically Registered				
Community	5v5 Unified REQUIRED Qualifier	Towson	Goucher College	3/9/2019	Basketball	All Unified Teams Aut	tomatically Registered				
Community	HO Skills Competition	Ellicott City	Glenelg Country School	3/10/2019	Basketball	Limit 70 Athletes. Cor	ntact Lavonne Smith (Lavonne_Smith@	hcpss.org)			
Community	5v5 PDU REQUIRED Qualifier	Ellicott City	Glenelg Country School	3/10/2019	Basketball	All 5v5 PDU Teams A	utomatically Registered				
Community	HO BB League Play (5v5 PDU)	Ellicott City	Glenelg Country School	3/16/2019	Basketball	Contact Michelle Jord	dan (michelle@jordanz.net)				
Community	Calvert Basketball Competition	Huntingtown	Huntingtown High School	3/17/2019	Basketball	Contact Melanie McN	Manus (melanie.mcmanus81@gmail.co	m)			
Community	HO BB League Play (3v3 Traditional & PDU)	Ellicott City	Glenelg Country School	3/23/2019	Basketball	Contact Jack Burk (jeburkjr@verizon.net) & Aleisa Ritcher (alesiarichter@gmail.com) 3v3 Trad / Gigi Sheltraw (gigishel122@gmail.com) 3v3 PDU					
Community	AA BB Competition	Severna Park	Severn School	3/24/2019	Basketball	Contact Gregg Mea	nde (greggmeade@verizon.net)				
Community	BC Time Trials - Day 1	Baltimore City	Dunbar High School Track	4/9/2019	Athletics	Open to BC participants only					
Community	BC Time Trials - Day 2	Baltimore City	Dunbar High School Track	4/10/2019	Athletics	Open to BC participants only					
Community	Loyola University Swim Competition	Baltimore City	Loyola University	4/14/2019	Swimming	TBD					
Community	AA Spring Games	Annapolis	Naval Academy	4/27/2019	Swimming	TBD					
Community	AA Spring Games	Annapolis	Naval Academy	4/28/2019	Athletics, Bocce	TBD					
Community	BC Bocce Doubles Competition	Baltimore City	Myers Pavilion	4/27/2019	Bocce	Contact Bob Signor (r	obert.signor@baltimorecity.gov)				
Community	HO Swimming Qualifier	Columbia	Howard CC	4/28/2019	Swimming	Closed Qualifier					
Community	HO Long Distance Swimming Qualifier	Columbia	Howard CC	5/3/2019	Swimming	Open to other areas.	Contact Bob Baker (bobbaker@somdh	c.org)			
Community	HO Track and Field Competition	Columbia	Wilde Lake High School	5/4/2019	Athletics	Contact Bob Baker (b	obbaker@somdhc.org)				
Community	AL Spring Games	Frostburg	FSU	5/4/2019	Swimming/	Contact Dottie Turne	r (dottie21532@gmail.com)				
Community	Baltimore City Spring Games	Baltimore City	Poly-Western High School	5/7-9/2019	Athletics	Open to BC participal	nts only				
Community	MO Swimming Qualifier	Bethseda	Stone Ridge School	5/18/2019	Swimming	Closed Qualifier					
Community	Required Cheer Qualifier	Frederick	Urbana High School	5/18/2019	Cheerleading	All Teams Registered					
Community	BC Bocce Doubles Competition	Baltimore City	Myers Pavilion	5/18/2019	Bocce	Contact Bob Signor (r	obert.signor@baltimorecity.gov)				
Community	Calvert Swimming Qualifier	Prince Frederick	Edward T Hall Aquatic Center	5/19/2019	Swimming	Contact Jane Lacosse	(lacossej@calvertnet.k12.md.us)				
Community	BA Swimming Qualifier	Baltimore County	Gilman Pool	5/19/2019	Swimming	Closed Qualifier	·				

2019 Event Calendar



2019 MSP Polar Bear Plunge January 24th, 25th & 26th 2019 Sandy Point State Park www.plungemd.com

2019 Deep Creek Dunk February 23rd 2019 Deep Creek Lake www.dunkmd.com

2019 Winter Games February 24th – 26th 2019 Whitetail Resort www.somd.org

2019 Basketball Tournament March 30th – 31st 2019 Hood College and FCPS Sites www.somd.org

2019 Summer Games June 7th – 9th 2019 Towson University www.somd.org

2019 Kayaking Championships August 24th 2019 Washington College www.somd.org

State Golf Championships September 29th 2019 Queenstown Harbor Golf, Queenstown Md www.somd.org

11th Annual Tunnel Run Fall 2019 Fort McHenry Tunnel Baltimore, Md www.tunnelrun.org

11th Annual Big Bats Open September 2019 Queenstown, Md www.somd.org Fall Sports Festival
October 19th 2019
Mount St. Mary's University, Emmitsburg, Md
www.somd.org

State Soccer Tournament October 27th 2019 Crown Sports, Fruitland Md www.somd.org

Over The Edge November 3rd 2019 Bethesda, Md www.somd.org

Interscholastic Unified High School Team Tennis November 2019 Loyola University www.somd.org

6th Annual Maryland Rockfish Open October 2019 Mike's Crabhouse South-Riva www.somd.org

State Regional Bowling Tournaments November 10th 2019 Various Locations in Maryland www.somd.org

State Bowling Championships December 8th 2019 Bowl America, Gaithersburg, Md www.somd.org

St. Mary's Splash
December 2019
Point Lookout State Park, Scotland, Md
www.somd.org